

# West Ottawa Sleep Centre

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## Patient Information:

Name: \_\_\_\_\_ OHIP #: \_\_\_\_\_  
Address: \_\_\_\_\_ Telephone Number: \_\_\_\_\_  
DOB: \_\_\_\_\_ Email: \_\_\_\_\_

## Reason for Referral (please mark all that apply):

- |   |  |
|---|--|
| <input type="checkbox"/> Snoring/Sleep Apnea          | <input type="checkbox"/> Limb Movements (Period Limb Movements/ Restless Legs) |
| <input type="checkbox"/> Excessive Daytime Sleepiness | <input type="checkbox"/> Parasomnias (Sleep Walking, Sleep Talking etc.)       |
| <input type="checkbox"/> Insomnia                     | <input type="checkbox"/> Other (Please specify): _____                         |

## Level of Urgency:

- Routine
- Urgent (Within 1-3 months).  
Mandatory to specify reason if  
request is urgent: \_\_\_\_\_

## Care Requested:

- |  |  |
|--|--|
| <input type="checkbox"/> Routine Protocol<br>Includes consultation and/or<br>sleep-related investigation(s) if indicated | <input type="checkbox"/> Baseline Nocturnal Sleep Study Only         |
| <input type="checkbox"/> Sleep Consultation Only   | <input type="checkbox"/> Treatment Sleep Study Only                  |
|  | <input type="checkbox"/> Home Sleep Apnea Test (not covered by OHIP) |

## Patient Considerations:

### Previous Sleep Studies:

- Date/ Institution:  
Please provide copy of previous  
sleep studies.

### Auxiliary Aids:

- Oxygen (L/min)     Wheelchair  
 Walker                 Cane

### Patient Characteristics:

Weight over 400 lbs?     Yes     No

### Medical Condition(s):

### Medication List:

Requesting Physician Name (please print): \_\_\_\_\_

Signature: \_\_\_\_\_

Billing Number: \_\_\_\_\_